



GREEN DENTAL
CARE

FILLINGS POST OPERATIVE INSTRUCTIONS

- Soreness at the injection site and gums... is to be expected. The tooth will likely be sensitive to temperature (hot/cold) and biting for several weeks and in some cases up to a few months, this is very common with tooth colored fillings but gets better with time.
- If your bite feels off... it's often hard to tell when you are numb. However, it is suggested to wait 48hrs after the time of placement of the fillings to allow your bite to adjust as best as it can. After 48hrs if you feel that you need a refinement, please call us right away so we can get you in for a quick adjustment.
- Be careful with the area you are numb... you are able to eat after your appointment, however be gentle because we don't want you to hurt yourself by chewing your cheek or tongue.
- If a pulp cap is placed... the cavity was very deep, therefore we placed some medicine under the filling to help protect the nerve of the tooth. The tooth is more likely to be sensitive for an extended period of time. If pain becomes unbearable, a root canal may be needed.